

## Editorial

### The Fireside Couch-Sleepers

Who are they and what do they want? Intrepid explorer James Townsend reports. See **PAGE 3**

## Gull Life

### Jewish students celebrate holiday away from home

Rosh Hashanah begins on Wednesday at sundown. See **PAGE 5**



## Sports

### No. 1 Field Hockey continues winning ways

Sea Gulls beat No. 3 Messiah 3-1 Tuesday and St. Marys 4-0 Saturday. See **PAGE 7**

# Wicomico County to start 'pollution diet'

## Council considers hiring SU interns to offset cost

BY JAMES TOWNSEND  
Staff Writer

Wicomico County will soon be put on a "pollution diet" after the Environmental Protection Agency decided the Chesapeake Bay area communities were not working quickly enough to reduce their waste input.

Richard Eskin, director of the science services administration of the Maryland Department of the Environment, spoke with Salisbury City Council members on Sept. 12 about new watershed implementation plans the city would have to adopt to meet the EPA's new regulations.

"We've made progress, but not enough progress and not fast enough," Eskin said to council mem-

bers. "If we'd continue going in the pace we were going, it would take another 35 years to get the bay in shape."

The EPA will be regulating the area's total maximum daily load, which is the maximum amount of pollutants that can enter a water body without causing harm to the environment; however the agency insists they are looking for as much local input as possible.

Project milestones will be set for counties to meet, but Wicomico will have the opportunity to personalize its own plan to reduce the maximum daily load to safer, more efficient levels.

The council raised the question as to how much the project will cost. A

similar plan, recently implemented by Anne Arundel County, estimated the price to be approximately \$2.2 billion. "Cost is a big concern," Council President Terry Cohen said. "Every-one here was flipping out when they came out with a billion-dollar price tag."

To implement the change, the city will be partnering with the Environmental Finance Center at the University of Maryland to best manage the cost and resources needed to meet the new regulations. Dan Nees, senior research associate at the center, said he believes that a new storm water management system would be the most efficient and cost effective plan for Salisbury to explore.

See **CITY** Page 2

# 'You can't scoot here,' police say



BY RACHEL SEGAL  
Staff Writer

Scooter riders used to squeak past purchasing parking permits, but a new policy, effective Sept. 13, mandates parking registration.

The Salisbury University Police Department has issued a new policy requiring motor scooters to be registered with the Parking Services

office. According to the new policy, motor scooters must be parked in designated parking spaces marked with "Motor Scooter Permits Only" signs. Motor scooter permits cost \$20.

Senior Zack Kline said he does not think the new policy is fair.

"Instead of charging scooter owners, SU should make the permits be free and mandatory for all scooter owners," Kline said. "This will allow

them to monitor any issues that may come about."

According to University Police Chief Edwin Lashley, the new policy has been implemented for safety reasons.

"Scooters on campus create a safety risk for the students on foot," Lashley said.

See **SCOOTER** Page 2

# Athletes to 'Step Up' for health of peers

BY SARA JACOBY  
Staff Writer

The Student Athlete Mentors, a peer education organization for undergraduate student athletes, launched a program called "Step Up" to promote the health and safety of fellow athletes.

The program, starting this fall, will encourage student athletes to recognize their peers' potentially dangerous behavior and provide help concerning issues such as drug and alcohol abuse, personal problems and academic troubles.

SAM is made up of at least two athletes from each sports team who

serve as representatives for the organization.

"This group is supposed to empower athletes to step up and speak up," said Coach Dawn Chamberlin, SAMs' administrative representative and women's field hockey coach.

The program follows a five-step formula: "I care, I see, I feel, I want and I will." The SAM members not only enforce the motto upon Salisbury athletes but also are in the process of trying to expand.

"We're trying to reach other athletes in the athletic community," said Chelsea Glowacki, a junior from women's volleyball and SAM leader.

On Sept. 8, the four SAM leaders

held the first meeting of the school year, promoted "Step Up" and addressed previous issues such as community involvement, fundraising ideas and how to make their mark in the area.

The group of over 30 student athletes responded with positive feedback about plans to improve the campus and surrounding areas.

"Right now we are in a transformation stage, and I think this year will be very productive," said Jeremy Harris-Smith, a junior from men's football. "We have more people who want to be involved, and we should make a bigger impact on the campus and community."

# Aging computers denied retirement

BY MERYAM GHARBI  
Staff Writer

Computers were once scheduled to be replaced every three years, but due to funding restrictions and better technology, there are now over 500 computers on campus that are at least 6 years old.

Every year, Information Technology receives approximately \$240,000 to replace and maintain academic equipment. IT formerly had a fund for administrative equipment, including computers for faculty and staff, and that money would be used to replace computers every year. However, after the country's economic recession struck, that fund has been taken away. IT now has to scrape the extra money from the general fund in order to replace the administrative equipment.

Excluding laptops, there are over 2,500 computers and 18 computer labs on campus. All these computers are maintained and replaced by IT, apart from Blackwell Library, which replaces its own computers and has a separate funding stream. In order for the technology on campus to remain up to date, IT originally had a three-year replacement plan for all computers under their care, but now the computers are replaced every four years.

"We did push (the computer replacement) back to four years, and that seems to be working well," said Jerome Waldron, chief information officer at IT. "Part of it was the economy but part of it was just sort of experience, seeing how long the equipment holds up...any time they break down, they are replaced immediately, so we don't let them hang

on." Some students are unhappy with this four-year replacement plan and feel that computers should be replaced more often.

"I think they should change the computers often because we are paying for it through our tuition," said junior Millicent Kesewaa. "Sometimes they get very slow."

Other students feel that as long as the computers work, age does not matter.

"I noticed this year that they're a little slower, but they still work," said sophomore Morgan Stephens.

Some faculty members are not bothered by the speed of their personal, desktop computers, but are concerned when it comes to com-

See **COMPUTERS** Page 2



Sarah Gisriel photo

Salisbury University students raise their poster high on Thursday during the Extreme Makeover: Home Edition pep rally.

# 'Extreme' pep rally unites community

BY KATELYN DRAPER  
Staff Writer

A sea of maroon and gold flooded the bleachers of Maggs Gym last Thursday as ABC's Extreme Makeover: Home Edition and The Fusion Companies hosted a pep rally to kick off the build of a local family's home.

With hands in the air and one voice, over 2,300 Salisbury University students and community members rallied together singing Journey's "Don't Stop Believing" as the audience got pumped to rally for the cause.

"Students, this is what it means to be a Sea Gull, to be a part of something bigger than ourselves," said SU President Janet Dudley-Eshbach. "We are here to understand how a call to action can change one family's life."

The Untouchables dance team, Squawkapella singing group and university mascot Sammy the Sea Gull showed their SU pride as the rally began.

The show, originally named Space Invaders, began their first build in September 2003 when Executive

Producer Conrad Ricketts spotted a house with peeling shingles and a woman scraping paint off the door trim. The woman explained that although the house was hard work, her and her husband's dream to renovate it. However, that dream was altered when their 5-year-old daughter was diagnosed with leukemia.

"This is the moment we believe the heart and soul of the show was born," senior producer Milan Vasic said.

The first episode aired in December 2003, and 12 billion viewers tuned in.

"It's amazing to watch thousands of people come out to change a family's life who they've never even met before," Vasic said. "It literally takes the entire community to come together for the build to be successful."

The show has completed 202 projects in its nine-season run. With only a little over four days to tear down and reconstruct a house, Vasic stressed the importance of the community getting involved with skilled and unskilled labor.

"It's about what you give to other

See **EXTREME** Page 2

# PACE study: Political talk transfers online

BY AMINA ADEN  
AND DIANA DWYER  
Staff Writer and News Editor

Students are more likely to talk with their friends about politics than participate using traditional channels, according to a study conducted by Salisbury University's Institute for Public Affairs and Civic Engagement.

Professor emeritus and PACE co-founder Harry Basehart co-authored a study with psychology professor George Whitehead that examined whether students practice "skills and core values that contribute to active citizenship," as per the SU mission statement. The sample size of participants who completed the survey is 821, almost 12 percent of all SU undergrads enrolled in the spring 2010 semester. All undergraduate students were emailed to participate in the survey.

Fourteen of the questions examined whether social networking is correlated with student engagement in politics. Results showed that 42 percent of SU undergrads are members of social networking sites that take a stand on political or social issues. Meanwhile, 15.4 percent of participants contacted a newspaper or magazine to express an opinion on a political or social issue.

The move from traditional political involvement to online expression isn't always for the best because it lacks research and credibility, some students say.

"Around election time there are tons of (Facebook) statuses filled with people who don't know what they're talking about," said sophomore Liza Roe.

Political discussion online often

See **PACE** Page 2

Political Engagement of SU Students			
13.1%		42%	
contacted a public official to ask for assistance or express an opinion		are members of social networking sites that take a stand on political or social issues	
37.8%		OVER 85%	
attended campus speakers on issues		have had political conversations with their peers	

Artwork by Adora Bowman



# Briefly Stated

TUESDAY  
Bernstein Plan Meeting

The annual Bernstein Business Plan Competition awards \$5,000 to the best plan for a new business. The Bernstein Competition provides an opportunity for every SU student – regardless of major – to develop a plan for the business of his or her dreams. Both individuals and groups are encouraged to enter. Students who would like to learn more about the competition and the campus resources available to help them create their plans are invited to an information meeting 3:30 p.m. Tuesday, September 27, in Perdue Hall Room 358. Winners from recent competitions share their experiences and answer questions.

For more information visit [www.salisbury.edu/perdue/bernstein](http://www.salisbury.edu/perdue/bernstein) or contact Dr. Stephen Adams, competition director, at 410-677-5058 or [sbadams@salisbury.edu](mailto:sbadams@salisbury.edu).

WEDNESDAY  
General Job/Internship Fair

The Fall 2011 General Job/Internship Fair will be held on Wednesday, September 28 from noon until 4 p.m. in the Wicomico Room and Nantuxet Room. Participating employers are listed on the Career Services website ([www.salisbury.edu/careerservices](http://www.salisbury.edu/careerservices)).

WEDNESDAY  
Japan Study Abroad Interest Meeting

An interest meeting for the Environmental Spirituality winter 2012 study abroad program will be held 8:30-9:30 a.m. or 3:30-4:30 p.m. Wednesday, September 28, in Guernsey University Center Room 219 (Spirituality Room).

Open to all majors, students in the program walk an ancient pilgrimage route through the mountains of Japan, exploring the Shinto and Buddhist origins of the pilgrimage and relating that to today's contemporary pilgrims. Some nights are spent in the temples and farmhouses along the way, and there is an opportunity to visit an urban area such as Kyoto. Students also interact with Australian and Japanese students.

The class is limited to 10 participants, and sign-ups have already begun with a deadline of October 1. Cost is \$4,500 and is all-inclusive (including four SU credits tuition and fees, airfare, lodging, food on the trail, and transportation within Japan). Some scholarship funds are available.

For more information, visit the SU Center for International Studies ([www.salisbury.edu/intl](http://www.salisbury.edu/intl)) or 1015 Camden Avenue or contact Dr. Joan Maloof at 410 251-1800 or [jmaloof@salisbury.edu](mailto:jmaloof@salisbury.edu).

## City

Continued from Page 1

"The good news is we know how to solve the problem," Nees said. "The bad news is it's an expensive process."

The center cites Salisbury's widespread flooding problem as the perfect opportunity for the community to not only help the environment but benefit from the project as well. The council agreed that flooding is the cause of extensive property damage in the area.

"The reason storm water has become such an issue is because it's so expensive to deal with," Nees said. "You've got to think very far into the future and set up a system that allows you to reduce those costs as much as possible."

In an effort to offset funds and keep employment costs to a minimum, Councilman Tim Spies discussed opening internship opportunities for Salisbury University students in the near future. The center acknowledged that, "If feasible, it would be a great idea."

Despite continued economic concerns, the council is ready to move forward with the resolution.

"We can't not afford to make this commitment," Cohen said.

The county is to submit a draft of their plans to the Maryland Department of the Environment by Nov. 18, with the state's final plans due to the EPA in March 2012.

Leans with a subjective slant, sophomore Shane Yeager said.

"Social networking is the worst thing that could happen with politics because issues that are (discussed) on Facebook usually have no factual backing and are mostly opinion-based," Yeager said.

Sophomore Liz Ward said she is interested in human rights and politics, but she has never contacted print media to voice her opinion.

"I've seen things that have sparked my interest, and I've wanted to write letters to the editor, but I thought they might not print it if it's too controversial," Ward said.

## Extreme

Continued from Page 1

people, not what you can get from them," said Don Kirby, a resident of Delaware.

Kirby and her husband volunteered at the build in Lewes two weeks ago and plan to attend the build in Wicomico County as well. The fusion companies, the leading builder in the project, is a network of companies dedicated to the advancement of sustainability in residential and commercial buildings. The company is focused on applying environmentally safe practices in order to "build the perfect house."

In order for this vision to take place, the design team needs volunteers during the night shifts and to clean up after the reveal, furniture makers, seamstresses, home accessories, antiques, gift cards, RV's for office space, lumber for walkways and floors, etc. The complete list, including volunteer information, can be found on ABC.com.

## Computers

Continued from Page 1

puters used for instruction.

"The laptops in the labs need to be replaced, but these desktop computers are fine," said chemistry professor David Rieck. "It's OK if they are five or six years old, as long as they work...new computers would be nice, but we don't need them."

In general, the computers used for academic purposes are newer than those used for administrative purposes. The oldest computers are

## Pace

Continued from Page 1

The numbers pick up when it comes to student activity on campus, as 37.8 percent of students attended campus speakers on issues.

Sophomore Emilie Pochop recently posted a Facebook status about Obama's recent stimulus package that said, "Obama's package isn't very stimulating."

"I can back up my Facebook status with facts because I know about the subject," Pochop said. "I might as well poke fun of it and express my opinions on Facebook. The discussions from these kinds of statuses are the best though, especially when they're actually not ignorant and people know what they're talking about."

The ways students participate in politics are changing, but the interest lingers. The study found over 85 percent of respondents have held political conversations with their peers.

## Crime Beat

used by student employees. These computers used to be used in the labs until they were replaced. They are usually around eight years old and are used until they die. Their final fate is to be recycled.

"If you see an old computer that a student is using in the president's office, for example, it is probably on its second life, and those we typically run until they die," Waldron said. "(Then) they get recycled. We have a recycler that we work with out in Pennsylvania that comes down about twice a year and picks up printers and computers and stuff that is six, seven, eight years old."

## Malicious Destruction of Property

Student observed minor damage to her parked unattended vehicle. Vehicle was parked in the SU parking garage.

9/17/11  
12:15 a.m.  
ASSAULT (OFF-CAMPUS)  
Resident Assistant reported to University Police that a student was involved in an altercation involving a firearm off campus.

## Scooter

Continued from Page 1

He also said that they cause increased traffic in the tunnel. Stated in previous policies, the use of motor scooters, skateboards and skates are prohibited in the pedestrian tunnel, which is under 24-hour video surveillance.

The existing policy governing the use of skateboards, mopeds, bicycles, golf carts and other vehicles allows them on campus as long as they do not cause damage or create a safety hazard.

"We've gotten complaints from faculty, staff and students about vehicles parked in front of doors and crowding bike racks," Lashley said. "They are hoping that the new policy will eliminate this problem."

These rules will be enforced similarly to normal parking enforcement. University Police will enforce parking rules for motor scooters by observation and will ticket non-scooter vehicles in motor scooter parking spots. The enforcement will be carried out mainly by police observation.

# EDITORIAL

Volume 39 Issue 3

## Overheard: What are you most excited for this Fall?

Photos by Erin Traylor



"I'm glad to be one semester closer to graduating."  
- Bryan Adelman, junior



"I'm excited for pumpkin-flavored lattes and beer."  
- Sarah Mattingly, senior



"The thing I'm most excited for this Fall is seeing how everyone is dressed up on Halloween."  
- Andrew Hudson, sophomore



"I'm super stoked for Punkin Chunkin."  
- Kelly Sniffen, super senior



"I'm just excited for the weather change and the fashion. You can wear sweaters and jackets... I don't like the shorts thing."  
- Rafael Huff, sophomore

## The Flyer

Salisbury University's Student Voice  
Phone: 410-543-6191  
Fax: 410-577-5359  
Text: 446-535-NEWS (6397)  
[www.theflyer.com](http://www.theflyer.com)  
Salisbury University  
Salisbury, MD 21801

Erin Traylor  
Editor-in-Chief  
et31140@salisbury.edu

Jeremy Cox  
Adviser  
JGCOX@salisbury.edu

Danielle Duplain  
Advertising Manager  
dd12393@salisbury.edu  
suflyerads@gmail.com

Corey Sznajder  
Web-content Coordinator

Adora Bowman  
Graphic Design

Kelly Pahl  
Molly Witte  
Layout

Diana Dwyer  
News Editor  
dd15629@salisbury.edu

Amanda Biederman  
Gulf Life Editor  
ab24064@salisbury.edu

Pete Hicks  
Editorial Editor  
ph23698@salisbury.edu

Patrick Drengwitz  
Sports Editor  
pd07048@salisbury.edu

Sarah Krauss  
Copy Editor  
sk32822@salisbury.edu

Justin Odendahl  
Photography Editor  
jo67959@salisbury.edu

Photographers  
Marian Akiwumi  
Nick Connelly  
Adam Dunn  
Julianne Durkin  
Stephen Kudryavtsev  
Lorie Liebig  
Anh Nguyen  
Anissa Sego

Staff Writers  
Ajia Allen  
Lauren Anderson  
Steve Berstler  
Andrew Cantor  
Mary Capper  
Chris Castle  
Steven Cennane  
Abigail Colby  
Meryam Gharbi  
Zachary Heeter  
Morgan Hoey  
Kristina Jackeras  
Adedoyin Junaid  
Maya Melendez  
Melany Parleman  
Nick Perry  
Rachel Segal  
Corey Sznajder  
James Townsend  
John Tully  
Morgan Walt  
Stephen Waldron  
Erin Willey  
Caleigh Wootten

Editorial Policy: Letters are welcomed and encouraged. Students, please include your name and your class. Faculty members, please include your department. Letters should be no longer than 400 words. The Flyer reserves the right to refrain from publishing any text. Deadline for submission is Wednesday at 5 p.m. Please email us the letters.

The Flyer is published once weekly during the regular school year, and is printed by Chesapeake Publishing Company in Easton, Md. A total of 2,000 copies are distributed.

One (1) copy of The Flyer per person is free at newsstands and around Salisbury University. Additional copies may be purchased for \$.25 each.

The Flyer strives for accuracy and corrects its errors immediately. Corrections will always be printed. If you believe The Flyer has printed a factual error please email us.

## MTV flips from radiant to realistic



BY ABIGAIL COLBY  
Staff Writer

MTV is the Peter Pan of American television networks. Despite its 30 year existence, this network has not grown up, but continues to stick to the demographic it knows best: teens and young adults.

And yet it has become increasingly difficult to tune into this prominent network without being forced into

viewing ridiculously tan people drinking, babies, crying, babies crying or all of the above, usually within the same five-minute window.

However, if you could rewind your TV set to just a decade ago, you would find a vastly different array of entertainment offered by MTV.

In 2001, teenagers flocked home to catch Carson Daly premiere Britney's latest video on TRL, followed by Usher showing off his five-story mansion on Cibo.

Recently, it seems network executives across the board have shifted their interests away from the lifestyles of the rich and the famous and more towards the lifestyles of the cashier at Wal-Mart or the waitress at Applebee's.

After examining the intense transition from a screen filled with charming hosts and beautiful

But who are they really and what do they want? Their numbers steadily multiply as the semester goes on, occupying each seat as if it were Poland, circa 1939.

There have been rumors in the past about Salisbury's secret societies, but never has there been one so mysterious, and yet so visible.

It is cult-like, the way they gather in the lounge every day, surveying the area, glancing around the room for watchful eyes that might inadvertently witness their secret. It is not long before they will shamelessly bury their faces between the cushions, like a gateway to a new world.

This week I went undercover to learn the secrets of this sleepy society, but found their defenses to be

impenetrable.

I began with simply asking questions, yet nearly all of them stubbornly ignored my inquiries, few answering with only grunts and groans. Most peculiarly, when asked what his motives were, one of the sleepers muttered something quietly about dancing spiders before drifting off into gibberish...

To finally prove whether or not these sleepers were unrelated, or in fact part of an esoteric group, I decided to join one of them in the act.

I chose a male student at random, occupying a couch on the far side of the room. Tall and brawny, I found it hard to find space on the couch with him, but I made it work.

"Dude! Bro!" he yelled immedi-

ately. "What are you doing?"

I was shoved from the couch and as I went crashing to the floor I came to the clear realization that I was indeed intruding on something larger than an isolated incident.

In a last ditch effort to find answers, I went to the one person at the university who I believed would know something, Lavanda Dockins-Gordy, associate dean of students at the GUC.

"It's not a problem," she told me. "It's their place to hang out and be comfortable."

Unfortunately, it appears they have gotten to her first, and I would never find out the secret behind those dancing spiders.

BY JAMES TOWNSEND  
Staff Writer

We have all seen them; the scattered bodies across the Fireside Lounge's couches, silent and motionless they lay.

They are the Fireside Couch-Sleepers.

BY STEVEN CENNAME  
Staff Writer

If you are a new student on campus, there is a good chance this is the first time you have had a credit card with your name on it and are in control of your own finances.

Your parents might pay for tuition, room and board, and things like that, but you are in control of how you use the money in your wallet.

Here are a few ways to wisely spend money on your own and avoid going broke.

Tip #1: If you have a meal plan, use it.

Yes, The Commons' food does get repetitive after a while, and sometimes the options may seem lacking, but the university dietitian, Kate Ceruli, knows what she is doing and does her best to provide us with healthy, filling, and nutritious meals. Try to limit eating big meals outside of The Commons to no more than once or twice a week.

Also, if your meal plan includes dining dollars, keep track of how you use them. Do not spend them all in the first month, but also avoid having too many unused at the end of the semester as they do expire.

Tip #2: Do not go home every weekend.

Salisbury University is considered a "suitcase school," where a good

amount of students go home on the weekends. If you pay for your own gas, avoid driving home every weekend.

As everyone has noticed, gas is expensive and driving home too frequently, especially if you live more than an hour away, would make a big dent in your bank account.

Contrary to popular belief, there is a lot to do here on the weekends, such as going to the free Salisbury Zoo or one of the area's parks, so going home on a weekly basis is not necessary.

Tip #3: Do not binge shop.

It may be obvious, but it needs to be said: shop sparingly. You do not need that new Xbox game; try studying instead. You do not need to buy another pair of shoes; you already have 37. And you do not need to buy that backpack at the bookstore; it is \$40 cheaper at Wal-Mart.

Follow these three tips, and you can minimize fiscal woes this semester. College is when many people come to understand the value of money, so use it wisely.

BY STEVEN CENNAME  
Staff Writer

The fraternities are bringing recruitment to a close as they begin to hand out bids to their new members and get them started on their pledge process.

After the long recruitment season this semester, each organization will switch gears to focus more on philanthropy, and spending more quality time with their brothers.

The fraternities on campus showed their enthusiasm at the pep rally last Thursday when ABC's hit show Extreme Makeover: Home Edition came to Salisbury.

The university collected bears, books, balls, and blankets for underprivileged children in the Salisbury area, and every brother was urged to donate items as well. The Greeks have also volunteered to assist with the construction, once the winner and build location are decided.

"We're excited to lend a hand," said Matt Wolford, Sig Tau brother. "We should all do our part in the community."

Community service is a large part of why Greek life exists, so the fraternities are anxious to help out with an event tied to a popular television show.

BY CALEIGH WOOTTEN  
Panhel Correspondent

Greek life organizations have always been involved in the community, in both big and small ways. Each chapter holds their own events and has their own philanthropies to support. But why not reach out into our own community, in our own back yard?

Salisbury University has been given the chance to help someone dear to our hearts. Greeks, answer the call. Although each chapter supports and loves their philanthropy and the people they help with it, it is different when given the chance to help someone they can relate to.

Next week, ABC's Extreme Makeover: Home Edition will be helping someone in Wicomico County and Greeks, as well as others, will get their hands dirty to help out.

Instead of raising money or passing out awareness cards, Greeks will be given a chance to build a house. Considering how much community service Greeks do, and how passionate they can be about it, this is an amazing opportunity.

We challenge SU's Greek life to get their letters dirty. Pick a day or several to help this family out; be a part of making a difference in people's lives.

## PAPA JOHN'S

Better Ingredients.  
Better Pizza.

**South Salisbury/ Fruitland**  
(Serving Salisbury University)  
119 W. College Ave.  
**(410) 543-7600**

**DELIVERY AND CARRYOUT**

**College Special**

**\$7.99**

**Large Cheese or 1 Topping Pizza**

Better Ingredients.  
Better Pizza.

## All-American Dinner & Dessert Bar

**Saturday, October 1**  
4:30-7:30 p.m. • In the Bistro

Roast Beef with Gravy • Southern Fried Chicken • BBQ Pulled Pork • Rolls • Mashed Yukon Gold Potatoes • Boston Baked Beans with Bacon & Molasses • Macaroni & Cheese • Green Bean Casserole • Sour Dough Bread • Sweet Potato Biscuits • Apple Pie • Boston Cream Pie • Key Lime Pie • Firecracker Cupcakes • Cheesecake • Texas Sheet Cake • Rice Pudding • Snickerdoodles

Followed by the "President's Own" U. S. Marine Corp Band in Magg's Gym at 7 p.m.

410-543-6105 • [www.salisbury.edu/dining](http://www.salisbury.edu/dining)



# Ms. Advice Decoding yes, no, and maybe

Have you ever been in a situation where you ask someone to hang out or help you with something and the person says "maybe," but then never gets back to you?

You know they really mean no, but they just don't want to say it. It's amazing how damaging the words "yes," "no" or "maybe" can be to our relationships, and not just the romantic ones.

If you are the kind of person who

seems maybe in replace of no, stop. Learn to say no without thinking that you are going to be disliked.

Trust that your friend or significant other is not going to bail just because you have to say no every once and while. If you say "no" all the time, remember that friendship and love require sacrifice, and your friends deserve to see you make sacrifices for them.

You may also want to get better at

prioritizing your time so that you can say yes sometimes.

Another type of person is the one who says yes all the time, and then has to bail at the last minute because of all the other commitments they have given because of their inability to deny their friends.

When we see our friends misusing the words "yes," "no" or "maybe," we need to consider calling them out in a respectable way. Saying things

like, "When you don't follow through it makes me feel/think that you don't care enough to..."

There are two types of people in the world, those who plan and those who are spontaneous. Once we identify which category our friends and family members fall into, we can begin to understand, accommodate and change the aspects of the relationship that need to be changed in order to adjust to their preferred

state of being.

The important thing is to remember to let your yes mean yes and your no mean no. It saves everyone a lot of time when we all speak honestly.

To seek guidance from Ms. Advice, email gull-girlnextdoor@gmail.com

## Violence is never the answer



BY AJIA ALLEN  
Staff Writer

Some people argue that violence is a just action. They are wrong. Violent actions are looked down upon for good reason, and yet it

seems the rate of violent crimes has not endured any phenomenal decrease in number. Two brutal stab-bings occurred inside the walls of prominent universities within the last three weeks.

Mentally astute individuals understand the appropriate time and place to raise a hand in defense. The duty lies within each individual to question their own tendencies and possible inclinations toward violence.

In particular, controlling violent tendencies is more important for those included in the world of higher learning.

The obligation to manage and control one's anger correlates with being a career-seeking adult.

Each student at SU has set aside

these four years to secure successful futures. Keeping that as a personal reminder, students specifically must identify themselves as already being nurses, fitness trainers, lawyers and public relations representatives and so on. People that wish to carry those statuses cannot afford to tarnish their records because of tantrums or premeditated vengeance.

Students also must remember that SU has a zero-tolerance policy towards fighting, and that any act of violence will have severe consequences such as expulsion.

The decision to be violent can decide someone's future, whether it is for success or jail-time. Discernment separates the mature from the adolescent.

## United we stand, divided we fall

Party divisions may cost the nation more than they benefit

BY MELANY PARLAMAN  
Staff Writer

"I have already intimated to you the danger of parties in the state, with particular reference to the founding of them on geographical discrimination's. Let me now take a more comprehensive view, and warn you in the most solemn manner against the baneful effects of the spirit of party." —George Washington, Farewell Address, 1796.

Over two hundred years ago, George Washington foretold the woes to be wrought from the two-party system of government. In his farewell address, he spoke of the perils of party affiliation that have "root in the strongest passions of the human mind." He parted office with the soundest advice he could leave the citizens of the fledgling United States: to work together as a country.

In recent months, legislators in Congress have not only failed in this manifesto, but blatantly worked to undermine the common goals that are shared across party lines. The inflexibility and stubbornness that surrounded the creation of the 2011 National Budget cost our country its AAA bond rating, and dangled the threat of governmental default over the head of every American. Not until the deadline-day for a decision loomed overhead did congressmen and women reach a shoddy, temporary compromise that would placate the people and take the pressure off politicians.

Washington implored his listeners in 1796, "Remember, especially, that, for the efficient management of our common interests, in a country so extensive as ours, a government of as much vigor as is consistent with the perfect security

of liberty is indispensable. Liberty itself will find in such a government, with powers properly distributed and adjusted, its surest guardian. It is, indeed, little else than a name, where the government is too feeble to withstand the enterprises of faction and to maintain all in the secure and tranquil enjoyment of the rights of person and property."

Had legislators reached no compromise on the budget, government funded programs including Medicare, Social Security, Welfare, Pell Grants and Subsidized Loans, to name a few, would have shut down, leaving millions of Americans without a way to maintain their daily lives.

As Washington's wisdom goes ignored on Capitol Hill, will party affiliations come at the cost of our national welfare?

**AWAKE AND ALIVE TOUR**

FEATURING **SKILLET** and **DISCIPLINE**

THURSDAY, OCT. 13, 2011, 7:00 PM  
WICOMICO YOUTH & CIVIC CENTER  
SALISBURY, MD

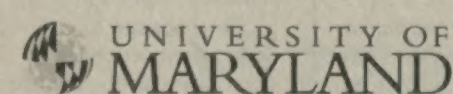
TICKETS: VIP \$48.50; RESERVED \$24.50;  
DAY OF SHOW \$32.50  
www.TheConcertSpot.com (410) 548-4911

## The University of Maryland Stock Market Fall 2011 Challenge is coming!

Registration Now Open!

It's a great time to learn about investing, so register and take up the challenge by visiting [www.umdsmc.com](http://www.umdsmc.com).

\$850 in Prizes will be awarded!



Whether you're an expert or novice, you'll gain hands-on knowledge about the stock market by managing a pretend \$100,000 margin account. The challenge is designed for all skill levels. Registration is free and open to all University System of Maryland students, faculty and staff.

REGISTRATION	September 19 through October 9
ORIENTATION WEBINAR	September 27, 3 p.m.
FALL 2011 CONTEST	October 3 through December 2

Sponsored by the College of Behavioral and Social Sciences and the Honors College

# GULL LIFE

Volume 39, Issue 2

September 27, 2011

## Soundcheck with WXSU DJ

"Stereotype me by the music I listen to and then by my band T-shirts"

BY LAUREN ANDERSON  
Staff Writer

Leslie Roane, DJ for Salisbury University's radio station, WXSU, is the creator of TheFridayNightCrash, a radio show airing Friday. The show will run on Friday nights from 7 to midnight.

For Leslie, radio is a chance to express herself through music.

This semester WXSU is being re-formatted, allowing her to incorporate more talk into the show than typical. She will be playing mostly alternative music and talking about a broad range of topics.

How did you get the idea for the name, TheFridayNightCrash?

"I wasn't going out on Fridays because I had horrible roommates I didn't want to be seen with, and radio was 'doing me.' The reason I called it TheFridayNightCrash was because weeks are jam-packed and I feel like (Friday night) is a crash from being so busy from the rest of the week."

What got you interested in music to begin with?

"My upbringing. Music has always been for me. It's something I can throw out my ideas with, without saying so much. If I had to rank things in my life, music would be my number 1.

If you're going to stereotype me, stereotype me by the music I listen to and then by my band T-shirts."

What got you interested in radio?

"I grew up in a small town in Virginia and the radio was our main form of mass media. During Hurricane Isabel, the people at the local radio station, 105.5 WRAR were the nicest people. I think that's the real reason I



Justin Odendhal photo

Lelie Roane demonstrates how to use the microphone and soundboard in the WXSU radio studio on Monday evening.

wanted to do radio. They always sounded like they were having a blast in the morning doing the radio station."

## Rosh Hashanah traditions hold away from home

BY AMANDA BIERDERMAN  
Staff Writer

It's almost the New Year, which means it's time for everyone to celebrate, reflect and make resolutions.

For some, this holiday begins Dec. 31. However, Rosh Hashanah, the Jewish New Year, begins Wednesday at sundown.

Rosh Hashanah marks the beginning of a ten-day period called Yamim Noraim, or "High Holiday," which ends with the observance of Yom Kippur.

"The holiday Rosh Hashanah is the celebration of the new year of the Jewish holiday," said sophomore Adam Quigley. "So throughout the whole day I remind myself of how thankful I am of the people around me, the life I live and what I have."

Many SU students have grown up with certain family traditions. For example, sophomore Natasha Shangold spends the holiday with her family and community.

"We normally celebrate with a dinner, or 'little feast,'" Shangold said. "We'll also go to visit with our neighbors and attend service."

She said she has been granted the honor of opening the service every year since the fifth grade by blowing the shofar, or ram's horn.

At school, Shangold works to continue her holiday traditions, however, it can be a challenge. Last year she was unable to go to a service because of classes. She said she plans to make the service this time.

"This year I'm planning to go to Beth Israel (a synagogue close to SU) and blow the shofar," she said.

Shangold added that she plans to go home during Yom Kippur to be with family.

Other students note the challenge of celebrating a holiday away from home, including senior Jeff Gold.

"At SU, it's difficult to celebrate because there is a much smaller Jewish population to celebrate the holiday with," he said.

Regardless, this holiday, he said he'll go to the local temple with a friend.

"(We) are greeted very warmly by the members there," he said.

"I will definitely video chat with my family along with spending time with my close friends here at school who understand my relationship with Judaism and how it has affected my life," Quigley said.

Some students have yet to celebrate this holiday away from home. Junior and transfer student Tal Carmel said she will miss her family's food and traditions, but still



Submitted photo

Natasha Shangold blows the shofar, an instrument used to signify the beginning of Rosh Hashanah.

Jewish students together.

"I will definitely video chat with my family along with spending time with my close friends here at school who understand my relationship with Judaism and how it has affected my life," Quigley said.

Some students have yet to celebrate this holiday away from home. Junior and transfer student Tal Carmel said she will miss her family's food and traditions, but still

looks forward to the holiday.

"Growing up for Rosh Hashanah, my family and I would pull all the stops. We'd go to shul, have a big dairy and fish dinner. We used to have cheese blintzes every year and my parents would get a fish with no tail (as is customary), and we would have apples and honey," Carmel said. "Since I just transferred to SU this year, I have yet to experience a Rosh Hashanah here."

## Nursing students live and learn together

BY ADEDOYIN JUNAID  
Staff Writer

Salisbury University may not be a particularly large school, but a class of thousands can still be intimidating.

Living Learning Communities aim to alleviate that intimidation. These groups seek out freshmen students with common interests and place them in one residence hall. LLCs are designed for like-minded students to live, interact and learn together.

Freshmen Heather Johnson and Emily Bender are both members of SU's new nursing LLC, and said they would recommend it to other students.

The nursing LLC, which is located on the first floor of Wicomico Hall, made its debut this fall. Students in the LLC are placed in two common classes during their fall and spring semesters.

Other highlights of the program include a museum trip, an introduction to the Student Nurses Association, and a community service project.

Benefits of the LLCs include making friends with common goals and learning from peers.

"I love being able to walk down the hall to study with my classmates at all hours of the day or night that I need to," Johnson said. "We all help motivate each other for the common goal."

In addition, residents of the nursing LLC have reason to believe that they will be better prepared when it comes time to apply to SU's competitive nursing program, which ranks among the top in the state. The LLC will allow students to have a more direct connection to their program.

"We have an advantage over everyone else," Bender said.

## Health Report

Pole fitness - not just for strippers

BY SARAH WOODS  
Health Columnist

The Pole Power Studio, located less than five miles from campus, is one of the most unique places to exercise in Salisbury.

Commonly misconstrued as "pole dancing," pole fitness is an intense and rewarding genre of exercise.

Studio owner and instructor Angela Houck said that pole fitness is best described as a combination of dance, gymnastics, yoga, Pilates and ballet. At the Pole Power Studio, poles are used as a fitness apparatus to add fun to a workout, rather than an accessory to a strip dance.

"It's a stripper pole when you're stripping on it. It's an exercise pole when you exercise on it," Houck said.

Houck decided to open the studio after falling in love with pole fitness when she used it to get in shape after having two children. She was then inspired to open two of her own studios in Salisbury and Ocean City.

The studio is a member of the International Pole Federation, US Pole Dance Federation, Pole Fitness Association and the American Pole Fitness Association. The Pole Power Studio also offers pole fitness parties, private lessons, instructor training, and classes in chair dance, belly dance, dirty girl fitness, and zumba.

The Pole Power Studio is hosting an open house on Friday, Oct. 7 from 5 to 8 p.m. in the Salisbury studio. Admission is \$10 per person or \$5 each for two people. All ages, sizes, and fitness levels are welcome, and no one is required to participate.

The Pole Power Studio is located at 927 Mt. Hermon Road in Salisbury. For more information about the studio or pole fitness in general, visit [www.ThePolePower.com](http://www.ThePolePower.com) or call (877)-653-3482.

## Graduate students achieve own government

BY KRISTINA JACKERAS  
Staff Writer

A new student government called the Graduate Student Council will soon represent the 700+ graduate students at Salisbury University.

"The (GSC) is all about giving graduate students a voice all over campus," said graduate student Julia Glanz, former SGA president and founding member of the GSC. "A lot more students are working full time and have families, so we need to cater to their needs."

Clifton Griffin, dean of graduate studies and research and the driving force of the GSC, made a similar statement.

"Graduate students face issues

and challenges that are different from undergraduate students," he said. "Given the multiple important roles that graduate students play at SU and the many life stages found among our graduate student population, we want to help build a recognized voice for their concerns. The (GSC) will be that voice."

On Wednesday, the GSC held their first meeting in TETC with a successful turnout. The council discussed what they wanted to work towards, and possible structures of the association.

"We are still in the planning stages of our organization but goals have come up," Glanz said. "By January 2012 we hope to have a full executive board and an assembly of 30 representatives from

all 14 programs ... We hope to lobby for an increase in pay for graduate assistants, look into the fee allocation that graduate students pay, look into health care options for graduate students, housing options, and more social opportunities for graduate students and their families."

Graduate Assistant at the Center for Student Achievement, Lauren Friedman, said the office of graduate studies and research is beneficial, but not the same as having student representatives.

"Undergraduates have the SGA, faculty and staff each have their own senates, yet graduate students have nothing," Friedman said. "I think it's very important to have students represent students, because how else can you truly understand what the students want or need?"

Student Activities Graduate Assistant of Operations Christopher Ward also believes the GSC will be an advantageous addition to SU.

"If the GSC receives numerous notifications about the same issue, they can find a way to resolve that issue," he said. "This will streamline the process for graduate students who have issues here on campus, whether it be library hours, parking, or the lack of research material in the library."

Although it is not yet set in stone, the council strives for all future meetings to be held in TETC 184 on Wednesdays at 8:30 p.m.





## Peace Corps on campus

Learn how you can use  
your degree and  
experience to impact the  
lives of others  
...and your own.

Life is calling.

How far will you go?

Weds., Sept. 29

Information Table  
Fall Career Fair  
Guerrieri Univ. Center  
12:00 p.m. - 4:00 p.m.

800.424.8580

www.peacecorps.gov

For more information  
contact Janet Schuhl  
jschuhl@peacecorps.gov.

## Ballroom Made Simple

Ballroom dance lessons for:  
-The Novice Dance  
-The Dancing Impaired  
-The Rhythmically Challenged

Pam Wood  
443.783.3060  
Salisbury, MD

Experience the Joy of Dance!

www.ballroommadesimple.com

## ADVERTISE! with THE FLYER

Advertise with  
The Flyer and  
grab the attention  
of over 7,500  
students, plus  
faculty and staff!

Get your business  
RECOGNIZED!  
ADVERTISE!

call 410.543.6192 for details

# SPORTS

Volume 39 Issue 3

September 27, 2011

## No. 1 Sea Gulls soar through week

BY ANDREW CANTOR  
Staff Writer

On Tuesday, the freshly  
No. 1 ranked Salisbury field  
hockey team (8-0) held off  
No. 3 Messiah (3-2) in a bat-  
tle of national powerhouses.

The game began when  
freshman forward Summer  
Washburn ripped a shot  
from the top of the circle  
which was deflected into the  
back of the goal by senior  
forward Alison Bloodworth  
just over a minute into the  
game. The Falcons re-  
sponded by putting on re-  
lentless pressure but the  
Salisbury defense could not  
be cracked.

After the suffocating de-  
fensive stand, senior mid-  
fielder Courtney Webster  
scored on an assist by  
Kristina Fusco, giving the  
Sea Gulls a 2-0 lead, 12 min-  
utes into the game.

The momentum was clearly  
on the Salisbury side as the  
Sea Gulls continued to put  
pressure on Messiah's de-  
fense, but goalie Kayleigh  
Stewart made two saves to  
keep the Falcons in the  
game. The Sea Gulls re-  
taliated, and scored again on  
a Washburn goal, gaining a 3-  
0 lead.



Senior Courtney Webster stops St. Mary's defender, Kelsey McKeon, in Saturday's Capital Athletic Conference match-up.

"It was important for us to  
start out strong and not let  
them retaliate," Washburn  
said. "They are a great team."  
In the second half, Messiah

played with a visible sense of  
urgency and finally found a  
crack in the Salisbury de-  
fense when Juliana Hershey  
slashed through the middle

to score, putting the Falcons  
only two behind the Sea  
Gulls. Messiah continued to  
control the tempo for the re-  
mainder of the game, but the

Salisbury defense and goal-  
tending by Anna Cooke was  
too tough for the Falcons to  
overcome as SU took the  
match with a final score of

3-1.  
"It's always a really tough  
game when we play Mes-  
siah," Cooke said. "Our de-  
fense was really solid. We had  
great communication back  
there. Our job in the back-  
field is to create opportuni-  
ties for the forwards to score  
and that's what we did  
today."

On Saturday, the Sea Gulls  
followed up with a convinc-  
ing 4-0 win against St. Mary's  
College of Maryland (3-5).  
Fusco led the way for Salis-  
bury with two goals and one  
assist while Webster added a  
team leading eighth goal on  
the season and tallied an as-  
sist on an Erica Henderson  
score.

"We only gave them one  
corner the entire game and  
they got no shots off," said  
coach Dawn Chamberlin.  
"We had a great week with a  
huge win against Messiah.  
We played steady and got the  
shutout. It was a great effort  
all around."

The Sea Gulls have two  
road conference games at  
Stevenson and Mary Wash-  
ington before returning  
home to play Rowan Univer-  
sity October 5 at 6 p.m. in-  
side Sea Gull Stadium.

## Women's soccer bounces back with 3-0 homestand



Sophomore Colleen O'Connell carries the ball past a defender in Saturday's win against Hood College.

BY STEVEN BERSTLER  
Staff Writer

After dropping three  
straight matches, Salisbury  
University's women's soccer  
team responded with three  
consecutive home victories  
against Rowan University,  
Christopher Newport Univer-  
sity and Hood College, im-  
proving its overall record to  
5-3-2 and 1-0 in Capital  
Athletic Conference play.

Over the course of the  
homestand, Salisbury  
outscored its opponents 7-1.  
On Monday, Salisbury tied  
a season high of three goals  
in a 3-0 shutout against  
Rowan University (2-3). Jun-  
ior forward Amanda Miele  
was involved in all three

goals, scoring two, then  
fouled in the penalty box,  
leading to a penalty kick goal  
by Erin Mooney. Freshman  
goalkeeper Michelle Conrad  
collected eight saves in the  
shutout victory for the Sea  
Gulls.

On an overcast Wednesday  
afternoon, SU defeated  
Christopher Newport with a  
final score of 2-1. Miele led  
the Sea Gulls with her second  
consecutive two-goal game,  
bringing Miele's season total  
up to a team high of six  
goals. The Pirates (2-5) got  
on the board in minute 72  
with a goal by Kelsey  
Thomas. Michelle Conrad  
made five saves for a Salis-  
bury victory.

Salisbury's next game will be  
Wednesday against Mary-  
mount (Va.) at 4 p.m. at the  
Salisbury Soccer Complex.  
With rain forecasted to

reach the Eastern Shore on  
the Saturday Salisbury moved  
their CAC opener against  
Hood College from 1 p.m. to  
10 a.m. The time change did  
not affect the Sea Gulls as  
they came up with a 2-0 vic-  
tory. Salisbury dominated  
from start to finish with a 23-  
2 shot advantage against the  
Blazers (1-6, 0-2 CAC).

Coach Jim Nestor said he  
thought the team had a good  
play.

"We had a ton of opportu-  
nities and had the ball on  
their half for most of the  
game," said sophomore for-  
ward Colleen O'Connell.

One opportunity occurred  
at the 24th minute mark with  
an O'Connell cross to Erin  
Mooney. This was only goal  
of the first half, but Salisbury  
had Hood on its heels with  
10 shots.

The 1-2 combination of  
O'Connell to Mooney con-  
nected again with 5:30 re-  
maining in the match.

"It is great to come up with  
the victory," said Mooney.  
Michelle Conrad collected  
her fourth shutout of the  
season and is fourth in the  
CAC with a 0.99 goal against  
average.

Salisbury's next game will be  
Wednesday against Mary-  
mount (Va.) at 4 p.m. at the  
Salisbury Soccer Complex.

## Men's soccer rebounds against Frostburg State after earlier shutout

BY GEOFFREY GOLD  
Staff Writer

On Wednesday, the No 25  
ranked SU men's soccer team  
(5-2-1) was shutout by No. 3  
ranked Christopher Newport  
University (6-0-1) by a score  
of 3-0 at home before 400  
fans.

Christopher Newport mid-  
fielder, Brian Lybert's early  
goal would be the only goal  
scored in the first half, a half-  
time save only three Sea Gull  
shots on the goal versus the  
Captains' nine. Early in the  
second half, Lybert scored  
again giving the Captains a 2-  
0 lead. Late in the half, the  
Captains sealed the game with  
a third goal.

The Sea Gulls took seven  
shots in the second half but  
still failed to score. Christo-  
pher Newport goalkeeper  
Justin Wolfe recorded seven  
saves while the Sea Gull's  
John Vnhchak recorded four.

"The other team outscored  
us when we gave them op-  
portunities to score, and we  
could not score when the  
other team gave us opportu-  
nities," said SU Head Coach  
Gerry DiBarrolo.

"Today they were the better  
team. They beat us to the  
balls," said junior midfielder  
Pat Callahan.

The Sea Gulls bounced



Junior midfielder Jimmy Mundy goes up for a header during the first half of Saturday's home loss to Frostburg.

back on Saturday, defeating  
Frostburg State (5-1-1) 3-2 at  
home for their first win of the  
season in Capital Athletic  
Conference play. SU took the  
lead at 7:25 in the first half  
with a header goal by sopho-  
more defender Elliott  
Crompton.

Later in the half, the Sea  
Gulls scored again with a goal  
by sophomore defender Larry  
Cornish, his second of the  
season. However, Frostburg  
was able to tie up late in the  
first half with two goals be-  
fore halftime. SU scored the  
only goal of the second half  
when sophomore forward  
Trevor Sharpe gave the Sea  
Gulls the lead for good.

Frostburg State was limited

to only 10 shots in the game  
versus SU's 23. There were 30  
fouls called against both  
teams during the game, with  
Salisbury drawing two yellow  
cards, and Frostburg drawing  
two yellows and one red card.  
The Sea Gulls played almost  
the entire second half with a  
one-man advantage after  
Frostburg's Chris Baker was  
given a red card shortly after  
the second half began. SU  
senior goalkeeper Brandon  
Mumby recorded five saves in  
his first win of the season.

Salisbury's next game is on  
the road at Marymount Univer-  
sity in Va. on Wednesday.  
They return to action at  
home October 5 at 4:00 p.m.  
at the Salisbury soccerplex.

## SALISBURY SPORTS CALENDAR

Tuesday - 9/27  
Volleyball Mary Washing-  
ton \*7:00 PM

Wednesday - 9/28  
Volleyball Mary Washington \*7:00 PM  
Women's Soccer Marymount (Va.)  
\*4:00 PM  
Field Hockey at Stevenson \*7:00 PM  
Men's Soccer at Marymount (Va.)  
\*8:00 PM

Saturday-10/1  
Cross Country Don Cathcart Invitational  
(Winter Place Park) \*9:45 AM  
Field Hockey at Mary Washington \*1:00 PM  
Women's Soccer at Mary Washington \*1:00 PM  
Football at Ulica \*1:30 PM  
Men's Soccer at York (Pa.) \*3:00 PM

## Get fit, have fun, feel fabulous!

THE  
POLE  
POWER  
STUDIO

Open House & Intro Classes  
Sample all of our classes for only \$5  
Fri, 10/7 5:30p-8p in SBY studio  
Sat 10/8 10a-12p in OC studio  
Event only specials & prizes

Pole Fitness, Flirty Girl Fitness,  
Chair, Zumba & More!

FlirtyGirlFitness

927 Mt. Hermon Rd,  
Salisbury

12417 Ocean Gateway (RT 50)  
West Ocean City

10% discount on classes/parties with SU ID

View Schedule/Register [www.ThePolePower.com](http://www.ThePolePower.com) 1.877.POLE.DIVA (877.653.3482)

**Save 6%**

on your on-campus dining purchases.

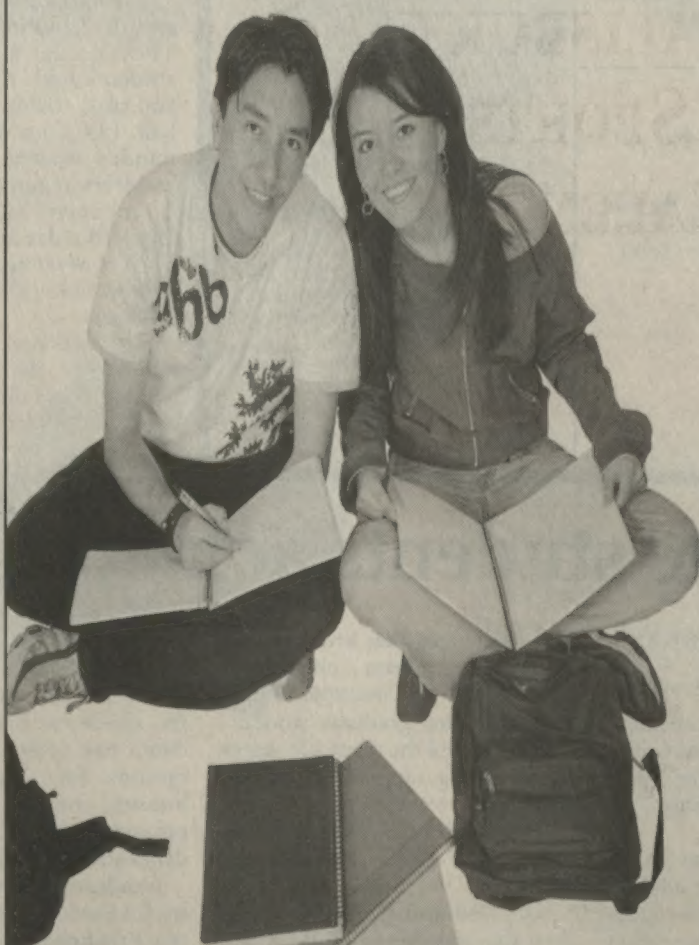
Use Dining Dollars or  
Gull Card money &  
save 6% Maryland  
sales tax.

Plus, an added bonus...it's faster to  
check out with Dining Dollars or Gull Card  
money over credit cards.

Dining  
Services

## Always Guaranteed!

You get the right  
books every time—we  
guarantee it!



We deliver your tools for higher education.

bookstore

Fall & Spring Semester Hours:  
M-Th - 8:30 a.m.-6 p.m., F - 8:30 a.m.-4 p.m.  
410-543-6085 • bookstore.salisbury.edu

Salisbury  
UNIVERSITY



# Capitals lineup boosted by Vokoun, Hamrlik

BY COREY SZNAJDER  
Staff Writer

The Washington Capitals' season ended on a disappointing note last year when the team was swept by the Tampa Bay Lightning in the Eastern Conference semi-finals.

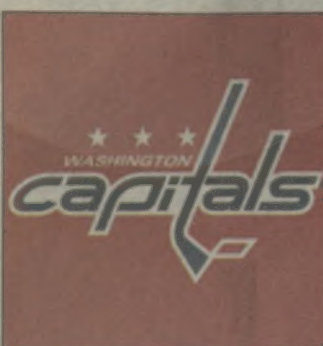
The new season is less than two weeks away, and General Manager George McPhee had a busy summer addressing team needs, which fans hope will help the Caps take that next step into the Stanley Cup finals.

With Matt Bradley, Eric Fehr, Scott Hannan, Semyon Varlamov and Boyd Gordon leaving, Washington had holes to fill but their core group of players remains on the team.

The most important player is left-winger Alexander Ovechkin, who is bouncing back from a less-than-successful year. His 32 goals and 85 points last year were a career low and had a lot of fans wondering if Ovechkin is slowly regressing as a player. He is looking to disprove those who believe that with a bounce-back campaign

this year.

Another player looking for a bounce-back season is center Nicklas Backstrom, who recorded only 65 points last season after scoring 101 the previ-



ous year. It is doubtful that Backstrom hits the century mark again but given his talent, he can definitely improve from last season.

McPhee was very active this off-season in addressing the team's needs, signing right-winger Joel Ward, defenseman Roman Hamrlik, and center Jeff Halpern to help what was an already strong penalty-killing unit.

Hamrlik brings some shut-

down ability and much experience to the table, and should be an adequate replacement for Hannan on the blue line.

McPhee also traded Washington's first-round pick in the most recent draft to Chicago for winger Troy Brouwer, who will give the Caps more depth in their top-six forwards.

The biggest signing McPhee made, however, was with goaltender Tomas Vokoun at a bargain one-year contract worth only \$1.5 million. Vokoun has consistently been one of the more underrated goalies in the league, putting up very impressive numbers on weak Florida Panthers teams. The Caps' more defensive system that was implemented last year means that Vokoun won't be depended on that much to steal games. He also provides a great mentor for young goalie Michal Neuvirth, who received most of the Caps starts in the goal last season.

On paper, this team has what it takes to get back to the Stanley Cup finals, but whether or not it will translate on the ice is yet to be seen.



**ERIC DAVIS**  
property management

200 E. Church Street, Salisbury, MD 21801

**410-546-5019**

[www.ericdavisonline.com](http://www.ericdavisonline.com)

**Phone: (410) 546-5019**  
**Contact Mary Anne Johnson**  
Property Manager  
**for all your off-campus housing needs!**

**We specialize in student housing!**  
**Call us today!**

[rentals@ericdavisonline.com](mailto:rentals@ericdavisonline.com)  
[www.ericdavisonline.com](http://www.ericdavisonline.com)

## Athlete Spotlight

Sarah Jessilonis



Steven Berstler photo

BY STEVEN BERTSLER  
Staff Writer

Salisbury University's women's soccer team has opened up strong in their 2011 campaign with a record of 2-2-2. A big reason for the Seagulls solid start has been Senior Forward Sarah Jessilonis. Jessilonis, a 2010 Second Team All-CAC performer, is one of six seniors on this year's squad.

The Flyer sat down with the Pasadena, MD native and asked her a few questions.

**When did you start playing soccer?**

"I started playing soccer when I was 3 years old."

**What are your team's pre-game rituals?**

"We have secret buddies for most games where we write each other inspirational notes."

**What are your team's goals for this season?**

"To improve upon our last year's record. We would like to win our conference and make a NCAA tournament run."

**What is are your major(s)?**

"I am an Exercise Science Major with a minor in Health."

**What are your plans after graduation?**

"My plans after graduation include applying to the Master's Program in Occupational Therapy at Towson University."

**What has been your favorite moment at Salisbury?**

"My favorite moment at SU was making the soccer team my freshman year. I was really nervous during tryouts."

**What brought you to Salisbury?**

"I loved SU from the first time I went on a tour during my junior year of High School. I knew Salisbury had a good Exercise Program and soccer team."

**If you could give any advice to someone who wants to play women's soccer in college, what would it be?**

"My advice is to find a school that fits all of your needs. I would tell anyone to make sure they like the school and campus. Also, if you are willing balance school and soccer, then it is more than worth it."



## Full-Service Pharmacy

Accepting all insurances, and offering competitive pricing.

*And*

Gift Boutique, offering brands such as...

Bare Escentuals  
Salisbury U. Apparel  
Greek Apparel  
Lilly Pulitzer  
Vineyard Vines  
Custom Monogramming  
and More



PEMBERTON

**APOTHECARY**

1306 South Salisbury Blvd, No. 186 / +1.410.219.3172 / [pembertonapothecary.com](http://pembertonapothecary.com)

